

donor profile  
**Dalmose**



**Height**  
182 cm



**Weight**  
80 kg



**Hair color**  
Dark brown



**Eye color**  
Dark



**Blood type**  
RhD Pos



**Education/Job**  
Data science



**Nationality**  
Spanish



**ID/NO ID**  
ID-release



# Handwritten message



Life is a river learning its way,  
Turning, widening, breaking free.  
We follow the current as we can,  
And sometimes - quietly -  
the river follows us.

# Meeting the donor

## our impression



With his 182 cm height, confident stride, and warm smile, there is no doubt what kind of person Dalmose is. He is the kind of person who values care and relationships very highly. Honesty, trust, and respect are the things he appreciates most in any relationship—whether personal or professional. He has a close relationship with his family, and it is within that bond that he finds strength when things become challenging.

Dalmose is a busy man. In addition to work and studies, he also works on his own projects. He has high expectations of himself, both professionally and personally, and thrives on challenges. It is here that he finds strength and where he grows in relation to the goals he sets for himself.

Dalmose has experienced a large part of the world, which has given him a sense of security almost wherever he is. He loves the world's diverse gastronomic experiences and the many different music genres that exist. He also loves to sing himself, and when he truly needs to unwind and take a break from his busy life, he reads poetry.

# Pictures



# Appearance

Nationality  
**Spanish**

Height  
**182 cm**

Weight  
**80 kg**

Eye colour  
**Dark brown**

Natural hair colour  
**Dark brown**

Skin type  
**Medium (will tan moderate to dark)**

Freckles  
**No**

Hairtexture (curly, straight, wavy)  
**Straight**

Hairvolume (thick, thin, average, bald)  
**AVergae**

Physique (muscular, regular, heavy)  
**Regular**



# In your own words



**Which words describe your personality and character?**

Sun and beach

**Which sports do you like to participate in?**

Team sports of all kind

**Which sports did you play as a child?**

Football, basketball, swimming, karate and padel

**Which sports do you enjoy watching?**

Football

**Do you play any musical instruments?**

No

**What is your most memorable childhood experience?**

Traveling with my family

**To which countries have you traveled?**

UK, Ireland, France, Portugal, Germany, Sweden, USA, Canada, Mexico, Japan, Romania, Andorra, Qatar, Italy, Swiss, Malta

**Describe one of your favorite vacations to another country:**

A roadtrip to the USA

**Describe a few of your strong sides:**

I'm resilient and usually achieve my goals

**Describe a few of your weak sides:**

I get a bit overwhelmed as I try to do many things

# Personal characteristics

**What is your native language?**

Spanish

**What other languages do you speak?**

English, German

**Math Skills/Ability:**

Advanced (won mathematics competition in my city)

**Mechanical Skills:**

Medium (did two projects on mechanics and robotic)

**Athletic Skills:**

Medium (I train on average 4 days a week)

**What is your favorite sport?**

Football

**What are your Hobbies/Interests/Talents:**

Travelling, sports, cooking

**Describe your artistic ability:**

I love reading and singing (but I don't consider myself as artistic)

**Do you like animals? If so, which is your favorite?**

Yes, dogs

**To where would you like to travel and why?**

Iceland because of its nature

**How would you describe your personality?**

Discipline and energetic

**What is your ultimate ambition or goal in life and how do you see yourself in twenty years?**

To form a stable family at my own, working as a data analyst

# Donor essay



## Why do you want to be a donor?

I want to help people that are unable to form a family on their own.

## Describe your relationship with your family. How has your family shaped your values and who you are today?

My family taught me to build relationships based on trust and honesty, and therefore being able to rely on the people you trust.

## What makes you unique?

My open mind and ability to adopt to new environments

## What are you most proud of and why?

To have a nice life.

# Fertility history



Do you have any children?

No

Pregnancies

Have you ever been responsible for any pregnancies other than those listed above? No

Has anyone in your family had difficulty in achieving pregnancy? My uncle and aunt

Are there any twins or triplets in your family? No

Blood donor

Have you ever been refused as a blood donor? No

# Personal health history

## Allergies

Do you have any allergies? No

## Eye vision

Do you wear corrective lenses? Yes

How is your vision (without corrective lenses)? Fair - astigmatism

Have you undergone corrective eye surgery? No

## Hearing

Do you have any hearing impairments? No

## Teeth

Condition of your teeth: Good

# Personal health history

## Diet

You diet is? Good

## Exercise

How often do you exercise? Regularly

Type of exercise: Fottball and weights

## Alcohol

How many alcoholic drinks do you consume during an average week? 4-5

Have you ever had a drinking problem? No

Have you ever been treated for alcohol or drug abuse? No

## Cigarettes

Do you smoke cigarettes? No

# Personal health history

## Sexually-transmitted diseases

Have you or your sexual partners ever had:

	Myself	Partner	When
NSU (non-specific urethritis)	<input type="radio"/> NO	<input type="radio"/> NO	
Chlamydia	<input type="radio"/> NO	<input type="radio"/> NO	
Genital Warts (HPV)	<input type="radio"/> NO	<input type="radio"/> NO	
Genital Herpes	<input type="radio"/> NO	<input type="radio"/> NO	
Other (s) Type (s):	<input type="radio"/> NO	<input type="radio"/> NO	

Have you ever been treated for any sexually-transmitted disease(s)?

NO

## Other medical information

Have you had major x-ray exposure or other radiation exposure? No

Have you ever had any major illnesses such as amoebic dysentery, hepatitis, pneumonia, mononucleosis, etc.? No

Do you have any chronic medical problems or conditions? No

Have you ever been exposed to herbicides or toxic chemicals? No

# Family tree

