

donor profile

# Brandholm



**Height**  
192 cm



**Weight**  
92 kg



**Hair color**  
Brown



**Eye color**  
Gray



**Blood type**  
O RhD Pos



**Education/Job**  
Engineering student



**Nationality**  
Estonian



**ID/NO ID**  
ID-release



Copenhagen Sperm Bank

# Handwritten message



Dear future parent(s),

I bet you had a very long and difficult journey to get to the point of reading this letter. Your perseverance is admirable! It's a great quality to have when taking on the absolute roller-coaster that is raising children but I am more than sure that everything will go great.

Honestly, I can't wait to stand in your shoes - being ready to start the next chapter and bring new life into this amazing world. It won't be easy (I was quite a handful, trying to test the authority of my parents!) but it will sure be rewarding.

I hope you'll have fun and be ready to grow with the process and remember - there is no such thing as a perfect parent! You'll grow into that role by staying true to your self and setting a good example, don't overthink it.

All the best,

# Meeting the donor

## our impression

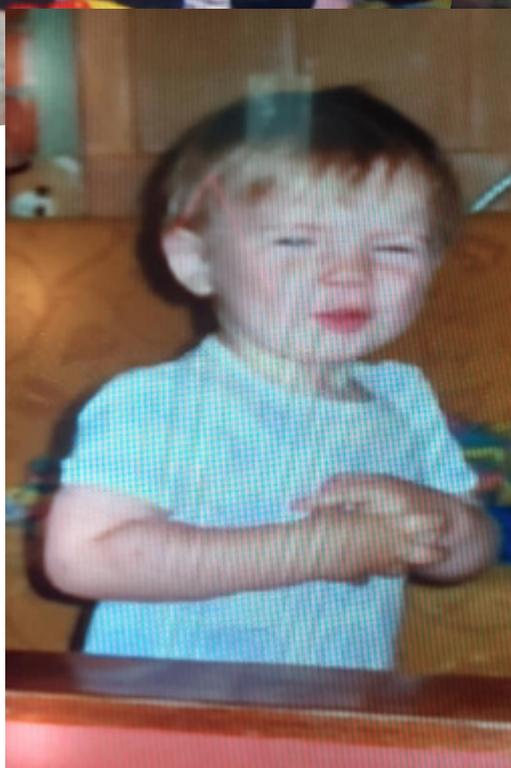


At 192 cm tall, Bandholm always walks into Copenhagen Sperm Bank with the biggest smile and the most beautiful, friendly, smiling gray eyes. The energy he brings is refreshing and positive and can fill even the rainiest days with sunshine.

Bandholm is extremely eloquent, well-educated, and has a wealth of knowledge about life. When you talk to him, he is inspiring and always encourages you to make the most of every single day you have. He is an adventurer and is not done traveling the world.

Bandholm speaks four languages: Estonian, English, Spanish, and Russian. Bandholm is very athletic by nature and loves cycling, climbing, and swimming. He would rather read a good book than sit down and watch a film. Family is important to Bandholm and having the opportunity to help others create their own is something close to his heart.

# Pictures



# Appearance

Nationality

**Estonian**

Height

**192 cm**

Weight

**92 kg**

Eye colour

**Gray**

Natural hair colour

**Brown**

Skin type

**Olive (pigmentation of unexposed skin)**

Freckles

**No**

Hairtexture (curly, straight, wavy)

**Straight**

Hairvolume (thick, thin, average, bald)

**Thick**

Physique (muscular, regular, heavy)

**Muscular**



# In your own words



**Which words describe your personality and character?**

Fighter and Ambitious

**Which sports do you like to participate in?**

Mostly solo endurance sports: Cyckling, running and swimming

**Which sports did you play as a child?**

Orienteering

**Which sports do you enjoy watching?**

Cycling and football

**Do you play any musical instruments?**

Violin and piano

**What is your most memorable childhood experience?**

Skiing with my family in Finland

**To which countries have you traveled?**

Baltics, Scandinavia, Russia, Turkey, Italy

**Describe one of your favorite vacations to another country:**

Italy, it was very nice

**Describe a few of your strong sides:**

I will keep trying even if things get hard. Is mentally strong - which I learned in my time in the army.

**Describe a few of your weak sides:**

I can be stubborn

# Personal characteristics



**What is your native language?**

Estonian

**What other languages do you speak?**

English, Spanish, Russian

**Math Skills/Ability:**

Always very good

**Mechanical Skills:**

Degree in engineering

**Athletic Skills:**

Swimming, cycling, running, skiing

**What is your favorite sport?**

Triathlon

**What are your Hobbies/Interests/Talents:**

Violin, piano, bikes, weightlifting

**Describe your artistic ability:**

Okay

**Do you like animals? If so, which is your favorite?**

Yes. Doga and cats

**To where would you like to travel and why?**

Mongolia - I have some great memories from there.

**How would you describe your personality?**

Diverse

**What is your ultimate ambition or goal in life and how do you see yourself in twenty years?**

To touch the moon (litterally) and I see myself doing in the next 20 years.

# Fertility history



Do you have any children?

No

Pregnancies

Have you ever been responsible for any pregnancies other than those listed above? No

Has anyone in your family had difficulty in achieving pregnancy? No

Are there any twins or triplets in your family? No

Blood donor

Have you ever been refused as a blood donor? No

# Personal health history

## Allergies

Do you have any allergies? No

## Eye vision

Do you wear corrective lenses? Yes - nearsighted

How is your vision (without corrective lenses)? Fair

Have you undergone corrective eye surgery? No

## Hearing

Do you have any hearing impairments? No

## Teeth

Condition of your teeth: Good

# Personal health history

## Diet

You diet is? Good

## Exercise

How often do you exercise? Regularly

Type of exercise: Mostly aerobic

## Alcohol

How many alcoholic drinks do you consume during an average week? 0

Have you ever had a drinking problem? No

Have you ever been treated for alcohol or drug abuse? No

## Cigarettes

Do you smoke cigarettes? No

# Personal health history

## Sexually-transmitted diseases

Have you or your sexual partners ever had:

	Myself	Partner	When
NSU (non-specific urethritis)	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Chlamydia	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Genital Warts (HPV)	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Genital Herpes	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Other (s) Type (s):	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	

Have you ever been treated for any sexually-transmitted disease(s)?

NO

## Other medical information

Have you had major x-ray exposure or other radiation exposure? xx

Explanation: No

Have you ever had any major illnesses such as amoebic dysentery, hepatitis, pneumonia, mononucleosis, etc.? No

Do you have any chronic medical problems or conditions? No

Have you ever been exposed to herbicides or toxic chemicals? No

# Family tree

