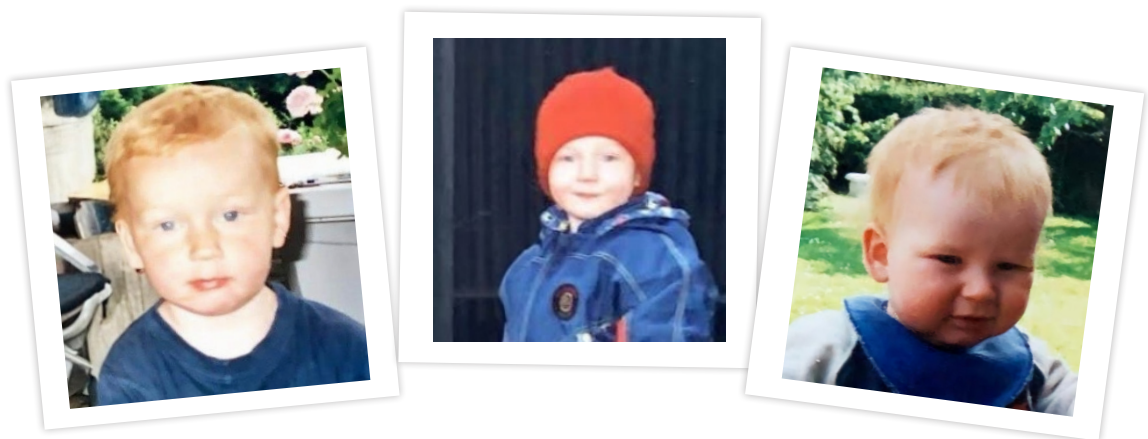


donor profile

Almind



Height
186 cm



Weight
76 kg



Hair color
Red



Eye color
Blue



Blood type
O RhD Pos



Education/Job
Teacher



Nationality
Danish



ID/NO ID
ID-release



Copenhagen Sperm Bank

Handwritten message



Dear future family,

First of all, I just want to say how happy I am to be a part of something so meaningful. I may never meet you, but the thought that I can help with something so personal, means a lot to me.

I hope your child grows up surrounded by love, laughter and curiosity. I hope they ask weird questions, build blanket forts and one day try to microwave something that they shouldn't.

I hope your child gets to explore all sides of themselves, silly, serious and everything in between.

With warm thoughts,

Meeting the donor

our impression



With his 186 cm height, crooked smile, red hair, and beautiful blue eyes, Almind always walks through the door in a fantastic, infectious mood. Almind has a unique ability to get a conversation going right away. Almind is very attentive and interested in other people and enjoys sharing his own experiences.

He has a contagious mood that always leaves you smiling after he has visited Copenhagen Sperm Bank. Almind loves traveling with his family and spending time with his friends, especially when they are out playing beach volley. Almind speaks Danish, English, Korean at a basic level, and German at a basic level.

He is good at math and playing the guitar. When he needs to relax a little from his studies and daily tasks, he likes to do online gaming, especially because it allows him to interact with different people. Almind is happy with life and is the kind of person you want to be your best friend when you first meet him.

Pictures



Appearance



Nationality

Danish

Height

186 cm

Weight

76 kg

Eye colour

Blue

Natural hair colour

Red

Skin type

Fair

Freckles

Few

Hairtexture (curly, straight, wavy)

Straight

Hairvolume (thick, thin, average, bald)

Average

Physique (muscular, regular, heavy)

Regular

In your own words



Which words describe your personality and character?

Reflective, honest and loyal person. Fun and always want to be the best version of myself.

Which sports do you like to participate in?

I like most types of teamssports with balls, like volleyball and handball.

Which sports did you play as a child?

Swimming, badminton, parkour, gymnastics, e-sport, football and handball.

Which sports do you enjoy watching?

Formular 1

Do you play any musical instruments?

Yes, guitar

What is your most memorable childhood experience?

I used to go skiing a lot with my dad. So I think it is just go skiing and enjoying time with my dad. And also skiing for the first time.

To which countries have you traveled?

Sweden, Germany, France, England, Netherlands, Hungary, Switzerland, Italy, Croatia, Czech Republic, Romania, Spain, Greece, South Korea, Poland and Quatar.

Describe one of your favorite vacations to another country:

I spent 3 months in South Korea. I made so many friends and learned so much about myself.

Describe a few of your strong sides:

Loyal, leadership, organised, physically active

Describe a few of your weak sides:

Overthinking, mixed communication

Personal characteristics

What is your native language?

Danish

What other languages do you speak?

English, basic Korean, basic German

Math Skills/Ability:

Always been good at math, as it was one of my favourite subjects

Mechanical Skills:

I have been building LEGO for most of my childhood, so I've always been good with my hands

Athletic Skills:

I love to go outside for a walk, to play volleyball or gym. In my childhood, I've always been very active.

What is your favorite sport?

Beach volley

What are your Hobbies/Interests/Talents:

Gaming, Gym, volleyball, going out with friends, organizing and leading.

Describe your artistic ability:

Good. I play the guitar, and have also experienced with music production in general and also video editing.

Do you like animals? If so, which is your favorite?

I love animals. My favourite are cats. I've had cats since I was very little, so they have a special place in my heart.

To where would you like to travel and why?

South East Asian, because it is amazing to see the different lifestyle and culture... and the food is amazing.

How would you describe your personality?

Introspective, loyal and caring.

What is your ultimate ambition or goal in life and how do you see yourself in twenty years?

My goal is to have my own company and be financially independent. Later, I would like to travel the world with a loved one.

Donor essay



Why do you want to be a donor?

I want to become a donor because I believe in helping others and give other the chance to start a family.

Describe your relationship with your family. How has your family shaped your values and who you are today?

I have a close and supportive family. We tal openly, help eachother and care for eachother. My parents have always encouraged me to grow, be thoughtfull and take responsibility. I have always valued the bond we share.

What makes you unique?

I'm someone who is thoughtful and driven to improve myself. I care a lot of my friends and family. I'm also very logical helps me stay grounded and I enjoy organizing things that bring people together.

What are you most proud of and why?

I'm proud of the personal growth I have done over the last couple of years. I have learned to manage stress and take responsibility. I'm also proud of my ability to stay consistent with the things I have to do - even when things get hard.

Fertility history



Do you have any children?

No

Pregnancies

Have you ever been responsible for any pregnancies other than those listed above? No

Has anyone in your family had difficulty in achieving pregnancy? No

Are there any twins or triplets in your family? No

Blood donor

Have you ever been refused as a blood donor? No

Personal health history

Allergies

Do you have any allergies? No

Eye vision

Do you wear corrective lenses? No

How is your vision (without corrective lenses)? Excellent

Have you undergone corrective eye surgery? No

Hearing

Do you have any hearing impairments? No

Teeth

Condition of your teeth: Good

Personal health history

Diet

You diet is?

Good

Exercise

How often do you exercise?

Regularly

Type of exercise:

Volleyball, Strenght training

Alcohol

How many alcoholic drinks do you consume during an average week? 1

Have you ever had a drinking problem? No

Have you ever been treated for alcohol or drug abuse? No

Cigarettes

Do you smoke cigarettes?

No

Personal health history

Sexually-transmitted diseases

Have you or your sexual partners ever had:

	Myself	Partner	When
NSU (non-specific urethritis)	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Chlamydia	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Genital Warts (HPV)	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Genital Herpes	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Other (s) Type (s):	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	

Have you ever been treated for any sexually-transmitted disease(s)?

☒ NO

Other medical information

Have you had major x-ray exposure or other radiation exposure? No

Have you ever had any major illnesses such as amoebic dysentery, hepatitis, pneumonia, mononucleosis, etc.? No

Do you have any chronic medical problems or conditions? No

Have you ever been exposed to herbicides or toxic chemicals? No

Family tree

Mother

Born: 1976
Race: Caucasian
Etnicitet: Danish
Occupation: Diploma in leadership

Father

Born: 1969
Race: Caucasian
Etnicitet: Danish
Occupation: Teacher

Brother

Born: 2000
Race: Caucasian
Etnicitet: Danish
Occupation: Master in science