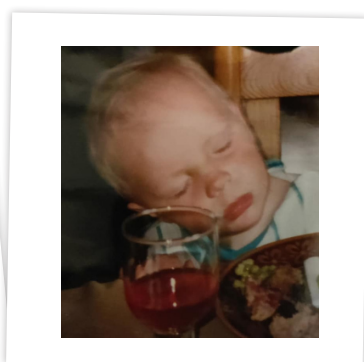


donor profile

Allinge



**Height**  
184 cm



**Weight**  
83 kg



**Hair color**  
Blonde



**Eye color**  
Green



**Blood type**  
B RhD Pos



**Education/Job**  
Psychology



**Nationality**  
Norwegian



**ID/NO ID**  
ID-release



Copenhagen Sperm Bank

# Handwritten message 1/2

Dear recipient,

I want you to take with you my thoughts and my very best wishes for you and your family.

It's peculiar. No, frankly put it's humbling to the border of bizarre. Making a donation such as the one I have made gives perspective to the mundane and the vulgar and its relationship to what is gracious, joyous and even holy, namely life and that of selflessly giving to someone else - and vice versa.

I've been with the "bank" for three months without knowing what to write in this letter.

If they would've forced me to write this two months ago, I doubt I would've been able to muster anything more than a "it was the least I could do, yours truly." However, two weeks before writing this, I visited the summer town of Halmstad where I spent my summers as a kid before we moved to Sweden. I hadn't set my foot in Halmstad for close to 20 years and I let out a couple of tears of nostalgia walking down the winding streets of the summer cottages and up the beach of the eastern shore.



# Handwritten message 2/2

I was reminiscing all the wonderful childhood memories as well as all the family squabbles.

I caught myself thinking of how struggling my parents were financially when I grew up, fully aware and determined it didn't affect me as a child in the slightest. I was thinking about how I and my siblings are well off and fortunate compared to how my parents had it in their thirties, especially my sister with her 1 year old and her second one on the way, having a very fortunate and stable situation, able to give them things my parents couldn't give us. The ~~on~~ very next second I thought about all I want my niece, my future nephew and your child to have.

Those summer days and winter nights. Those family laughs and teenager squabbles. Those nights texting their crush during the summer holiday only to cry in their parents' lap come school autumn. That world ending drama fight with their BFF over some girl or boy in class only for everything to be perfectly fine the next day, or that upending move to a new town only to make new friends.

None of that demands money or perfect, only affection and intention, of which you and I have plenty.

And see, the mundane and the vulgar have beget what is gracious, joyous and even holy, ~~or~~ namely life and that of selflessly giving to each other.

With all my thoughts and well wishes, it was the least I could do.

Yours truly,

# Meeting the donor

## our impression



With his 184 cm height, strawberry blonde hair, and green eyes, Allinge always arrives at Copenhagen Sperm Bank as a “close friend.”

He is extremely self-assured and has an energy that radiates confidence. Allinge is curious about life, curious about what is going on in the world, and curious about his fellow human beings. He is extremely organized and very involved in several different things at once. He likes to keep busy and loves to sing and play the guitar.

Allinge also has a wonderful sense of humor and performs stand-up comedy a few times a year. Allinge is passionate about people’s mental health and wants the best for his fellow human beings. Allinge believes that challenges teach us what we need to know to shape ourselves into the person we are meant to be, and that challenges are not obstacles or something negative.

Allinge has a desire to constantly learn and keep his brain active. He loves learning languages and speaks Norwegian, Swedish, Danish, English, German, and Spanish. For Allinge, being a donor is one of the finer things in life that he can do for others, and it means a lot to him to be able to help others achieve their greatest wish of having a family.

# Pictures



# Appearance

Nationality  
**Norwegian**

Height  
**184 cm**

Weight  
**83 kg**

Eye colour  
**green**

Natural hair colour  
**Blonde**

Skin type  
**Fair**

Freckles  
**No**

Hairtexture (curly, straight, wavy)  
**Straight**

Hairvolume (thick, thin, average, bald)  
**Average**

Physique (muscular, regular, heavy)  
**Regular**





# In your own words



**Which words describe your personality and character?**

Extrovert, open-minded & kind

**Which sports do you like to participate in?**

-

**Which sports did you play as a child?**

Handball. Track & Field

**Which sports do you enjoy watching?**

Handball

**Do you play any musical instruments?**

Guitar

**What is your most memorable childhood experience?**

Time with my friends

**To which countries have you traveled?**

Western Europe, USA, Egypt, Israel and Kenya

**Describe one of your favorite vacations to another country:**

I cycled from Sweden to Spain

**Describe a few of your strong sides:**

I'm flexible and great with people

**Describe a few of your weak sides:**

Bad at routine

# Personal characteristics



**What is your native language?**

Norwegian

**What other languages do you speak?**

Swedish, Danish, English, Dutch, Spanish

**Math Skills/Ability:**

Very good - had top grades

**Mechanical Skills:**

Proficient. I built my own home incl. plumbing and electricity.

**Athletic Skills:**

Fine

**What is your favorite sport?**

Right now it is kayak, but I love a long hike

**What are your Hobbies/Interests/Talents:**

Politics and community work

**Describe your artistic ability:**

I sing and play the guitar. I do stand-up 1-5 times a year.

**Do you like animals? If so, which is your favorite?**

I would love to have a dog later in life.

**To where would you like to travel and why?**

I would like to do a cross-continent trip.

**How would you describe your personality?**

Extrovert with an interest & heart for others.

**What is your ultimate ambition or goal in life and how do you see yourself in twenty years?**

Two times as a local MP. Get my license as a psychologist, make some positive impact and then build my own country home. A family of my own as well, would be nice.



# Donor essay



## Why do you want to be a donor?

I think it is the right thing to do and since I can do it while many others can't or won't, then it is not even a question - of course I'll do it.

## Describe your relationship with your family. How has your family shaped your values and who you are today?

I have always been the odd one out, but I have a great relationship with my family. The family dynamic and parents affected or made me who I am today. But my values & principles are very much my own.

## What makes you unique?

The big five personality tests puts me very high on openness. I'm flexible & social or diverse. I find it very difficult not to act when something is wrong. Or to raise my hand, when I see something is out of order.

## What are you most proud of and why?

I'm proud of the people I have helped and the lives I have improved or in two cases saved. It makes me proud because I was useful, went above and beyond and because I did the right thing.

# Fertility history



Do you have any children?

No

Pregnancies

Have you ever been responsible for any pregnancies other than those listed above? No

Has anyone in your family had difficulty in achieving pregnancy? No

Are there any twins or triplets in your family? No

Blood donor

Have you ever been refused as a blood donor? No

# Personal health history

## Allergies

Do you have any allergies? No

Allergic to: xx

Please list specific substances and reaction (s) produced:

Substance: Reaction

Morphine: skin rash

Dilauded: skin rash

## Eye vision

Do you wear corrective lenses? No

How is your vision (without corrective lenses)? Excellent

Have you undergone corrective eye surgery? No

## Hearing

Do you have any hearing impairments? No

## Teeth

Condition of your teeth: Good

# Personal health history

## Diet

You diet is? Good

## Exercise

How often do you exercise? Regularly

Type of exercise: Kayak, swimming

## Alcohol

How many alcoholic drinks do you consume during an average week? 5

Have you ever had a drinking problem? No

Have you ever been treated for alcohol or drug abuse? No

## Cigarettes

Do you smoke cigarettes? No



# Personal health history

## Sexually-transmitted diseases

Have you or your sexual partners ever had:

	Myself	Partner	When
NSU (non-specific urethritis)	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Chlamydia	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Genital Warts (HPV)	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Genital Herpes	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Other (s) Type (s):	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	

Have you ever been treated for any sexually-transmitted disease(s)?

☒ NO

## Other medical information

Have you had major x-ray exposure or other radiation exposure? No

Have you ever had any major illnesses such as amoebic dysentery, hepatitis, pneumonia, mononucleosis, etc.? No

Do you have any chronic medical problems or conditions? No

Have you ever been exposed to herbicides or toxic chemicals? No

# Family tree

