





Height 178 cm



Weight 68 kg



Hair color Light brown



**Eye color** Green



Blood type O RhD Pos



Education/Job
Bachelors in Science
and Nursing



Nationality English/Czech



ID/NO ID
ID-release



# Handwritten message

I HOVE THAT YOU FIND, IN TIME, A LIFE YOU WILL LOVE.

## Meeting the donor

our impression

Garston is charming, inquisitive, and profound with his words. He has beautiful hazel eyes and a broad smile. We enjoy having conversations with him, as he has a calming personality, yet is still very personable and social. Garston works as a mechanic in the U.S. Navy and has always been proficient in math. He is bilingual, as he is fluent in German and one day hopes to travel to Germany to be able to interact with others who speak the language. In his free time, Garston enjoys playing the ukulele, singing, and writing, which did not come as a surprise to us; Garston is a hardworking person, with a creative soul and we are very thankful to have him in our program!



# Pictures





## Appearance

Nationality

**English/Czech** 

Height

178 cm

Weight

68 kg

Eye colour

Green

Natural hair colour

**Light brown** 

Skin type

Fair (skin will tan lightly on sun ex-

Freckles

**Few** 

Hairtexture (curly, straight, wavy)

**Straight** 

Hairvolume (thick, thin, average, bald)

Thin

Physique (muscular, regular, heavy)

Regular



## In your own words

Which words describe your personality and character? "Hold on tightly, let go lightly."

Which sports do you like to participate in? Wrestling

Which sports did you play as a child? Soccer, wrestling

Which sports do you enjoy watching? Wrestling

Do you play any musical instruments? Guitar, ukulele

#### What is your most memorable childhood experience?

Tag pole fishing for the first time with my brother at a lake house my family would rent out in the spring

To which countries have you traveled? Canada

#### Describe one of your favorite vacations to another country:

My brother and I took a ferry to Victoria, Canada four years ago to busk in the streets for the day. It was surreal and I felt a sense of culture shock, a jarring of my American perspective on what exists outside of where I live day-to-day.

#### Describe a few of your strong sides:

I am a mediator, I observe the world around me through both a logical and emotional frame of reference which I feel guides me towards what is true and right. I am not afraid to be wrong just as much as I am not afraid to be right. I can be counted on and I keep promises.

#### Describe a few of your weak sides:

Describe a few of your weak sides:

I ruminate on the past. I can let my own pessimism prevent me from moving on for the sake of closure. I can be impulsive. Even when I see someone is manipulating me or on the path to hurt me I let them if I care enough about them.



### Personal characteristics

### What is your native language? English

What other languages do you speak? German

#### Math Skills/Ability:

Trigonometry, Algebra 2, Heat transfer/Fluid flow, Nuclear Power Theory

#### Mechanical Skills:

Qualified 301 craftsman and 3-M maintenance person on nuclear steam/fluid systems (pumps/turbines/pipe/gears)

#### Athletic Skills:

Wrestling/Grappling

#### What are your Hobbies/Interests/Talents:

Singing/song writing, playing guitar, making personal connections, and coming to an understanding with people who are important to me

#### Describe your artistic ability:

Can craft objects with ease and have an affinity for sculpting people or things that portray emotion, building songs in the way I want isn't hard because I have a good sense of tone and sonic motive/direction

#### Do you like animals? If so, which is your favorite?

Yes, I like cats most.

#### To where would you like to travel and why?

Germany/Czechoslovakia, to get a real chance to speak German with people naturally and to immerse myself within the history of the land

#### How would you describe your personality?

I am approachable, sociable. I don't tolerate contempt, but I invite honesty. I'm upfront about what I think so when I meet people, they either hate me or love me, but then with time most usually end up loving me.

What is your ultimate ambition or goal in life and how do you see yourself in twenty years? To establish myself such that I can settle down and support a family of my own, to provide a home for those that I love and to watch them grow to be the best versions of themselves that they could be.



### Donor essay

#### Why do you want to be a donor?

I'm not morally opposed to the practice, and I don't think any couple should be robbed of the opportunity to have a family so I am happy to contribute

### Describe your relationship with your family. How has your family shaped your values and who you are today?

My mothers side is distant, but on my fathers side we stay in contact and talk everyother day. We live far apart but we stay close because that's the way we were brought up. My grandmother would say "family is all you got" and I believe that. Growing up we would spend weeks together in the summers and those memories helped establish in my mind the value of having them to support you, you to support them.

#### What makes you unique?

My mind and emotional temperament. I have an understanding with myself which allows me to move through life unapologetically

#### What are you most proud of and why?

Pushing myself through the Navy Nuclear Power Propulsion Program. It's the hardest academic program the military has to offer, being a college accredited program designed by MIT I am proud to say I graduated from the program. Its helped to establish a confidence in myself that with enough effort I can accomplish anything I set my mind to



# Fertility history

	Do you have any children?	
	No No	
		-
		:
		:
		:
••••		٠
	Pregnancies	٠.
	Have you ever been responsible for any pregnancies other than those listed above? No	
	Has anyone in your family had difficulty in achieving pregnancy? No	
	Are there any twins or triplets in your family? No	:
	Blood donor	٠.
	Have you ever been refused as a blood donor? No	



# Personal health history

	Allergies
	Do you have any allergies? No
	Eye vision
	Do you wear corrective lenses? No
	How is your vision (without corrective lenses)? Excellent
	Have you undergone corrective eye surgery? No
• • • • •	
	Hearing
	Do you have any hearing impairments? No
• • • • •	
	Teeth
	Condition of your teeth: Good



# Personal health history

Diet	
You diet is? Good	
Eversing	
Exercise	
How often do you exercise? Regularly	
Type of exercise: Calisthenic	
Alcohol	•••••••••••••••••••••••••••••••••••••••
How many alcoholic drinks do you consume during an average week? 0	
Have you ever had a drinking problem? No	
Have you ever been treated for alcohol or drug abuse? No	
nave you ever been a cated to alcohol of analy abaset the	
Cigarettes	
Do you smoke cigarettes? No	



# Personal health history

	Sexually-transmitted diseases							
	Have you or your sexual partners ever had:							
		Myself	Partner	When				
	NSU (non-specific urethritis)	NO	NO					
	Chlamydia	NO	NO					
	Genital Warts (HPV)	NO	NO					
	Genital Herpes	NO	NO					
	Other (s) Type (s):	NO	NO					
Have you ever been treated for any sexually-transmitted disease(s)?								

Other medical information .....

Have you had major x-ray exposure or other radiation exposure? No

Have you ever had any major illnesses such as amoebic dysentery, hepatitis, pneumonia, mononucleosis, etc.? No

Do you have any chronic medical problems or conditions? No

Have you ever been exposed to herbicides or toxic chemicals? No



# Family tree

