

donor profile

Raul



**Height**  
178 cm



**Weight**  
81 kg



**Hair color**  
Brown



**Eye color**  
Green



**Blood type**  
O RhD Pos



**Education/Job**  
Music Theory



**Nationality**  
Colombian



**ID/NO ID**  
ID-release



Copenhagen Sperm Bank

# Meeting the donor

## our impression



Raul is an extremely sweet, kind and very hardworking young man! He is average height with a medium build. Raul has fair skin color that brings out his green eyes. He was blonde as a child but grew into brown, wavy hair. He keeps a scruffy face that still shows off his full lips.

Raul is a PhD of Musical Arts student and works as a teaching assistant in Music Composition and hopes to have a career as an artist. Raul is very creative, loves to cook, play piano, or anything related to music. Growing up with his family, he learned the value of caring and to be open minded about how others feel. He is thrilled to help achieve the dream of having a family.

# Pictures



# Appearance



Nationality  
**Colimbian**

Height  
**178 cm**

Weight  
**81 kg**

Eye colour  
**Green**

Natural hair colour  
**Brown**

Skin type  
**Fair (skin will tan lightly on sun ex-**

Freckles  
**Few**

Hairtexture (curly, straight, wavy)  
**Wavy**

Hairvolume (thick, thin, average, bald)  
**Average**

Physique (muscular, regular, heavy)  
**Regular**

# In your own words



**Which words describe your personality and character?**

Passionate

**Which sports do you like to participate in?**

BMX and/or extreme sports

**Which sports did you play as a child?**

BMX, Soccer, Swimming

**Which sports do you enjoy watching?**

Soccer

**Do you play any musical instruments?**

Piano, Saxophone, Guitar

**What is your most memorable childhood experience?**

Eating lunch in a roadtrip with my family. My grandpa parked his truck next to a mountain and some trees to enjoy the breeze and we all had traditional Colombian food in the middle of the nature.

**To which countries have you traveled?**

Colombia, Ecuador, Peru, Brazil, United States, Germany, The Netherlands, Belgium, France, Czech Republic, Switzerland, Greece, Hungary, Slovakia, Austria, Italy

**Describe one of your favorite vacations to another country:**

Without planning, I ended up visiting Crete, an island in Greece. Knowing that sometimes things that we don't plan can go wrong but this was not the case. I regreted not staying more time in this wonderful island with my wife. It was one of the most beautiful places I have ever been.

**Describe a few of your strong sides:**

Disciplined, passionate, committed, responsible, planner, creative, funny and hardworking.

**Describe a few of your weak sides:**

Overfocused sometimes, inflexible sometimes, critic with other and specially myself

# Personal characteristics

**What is your native language?**

Spanish

**What other languages do you speak?**

English, Portuguese (Currently learning Italian).

**Math Skills/Ability:**

Very Good.

**Mechanical Skills:**

Very Good.

**Athletic Skills:**

Weight Lifting, Running, Jogging, good endurance, strength and resistance

**What is your favorite sport?**

I like individual sports, BMX was one of my favorites. Today I enjoy Soccer and Hiking.

**What are your Hobbies/Interests/Talents:**

Cooking, Traveling, Hiking, Cuisine, Arts, Classical Music, World Music.

**Describe your artistic ability:**

I am a professional musician. I would say that this is the skill/ability I have developed the most. I play piano and saxophone and a little of guitar. I also conduct choirs and orchestras, and I compose all kind of music

**Do you like animals? If so, which is your favorite?**

I love animals and my favorite of all are dogs.

**To where would you like to travel and why?**

I would like to travel to Asia. As it would be a new experience to me. I would like to be immerse in their fascinating culture and I would love to try all kinds of foods over there.

**How would you describe your personality?**

Open minded, Passionate, Curious, Hardworking and a very committed person.

**What is your ultimate ambition or goal in life and how do you see yourself in twenty years?**

I see myself conducting a professional orchestra and having a very succesfull artistic career as a composer and instrumentalist. I see myself financially free and doing what I love the most.

# Donor essay



## Why do you want to be a donor?

I always wanted to have children, but my wife does not want to have any. I respect her choice. Being a donor is a way to “plant” a small seed of mine in the world. A seed that can flourish in any place and that might bring a little of me, my essence and my past to families that want to have children and cannot conceive for whatever reasons. I am helping them to achieve a dream of having a family, and they are helping me to keep the history of me and my family (in some way). Their happiness is a way to fulfill one of my dreams.

## Describe your relationship with your family. How has your family shaped your values and who you are today?

We are a very united family. My mom and dad live in Colombia, and I talk to them everyday, always asking how they are and how things are going for them back home. I learned from my dad the “try until you get it” and because of this, I am the person that I am today, pursuing a Doctoral program in music composition at Arizona State University. I learned from my mom to use my emotional intelligence, and with this I have a tendency to understand other people’s feelings. As her, I am always trying to help other people in any possible way I can.

I own all that I am and all that I will be to my family. I am happy and proud to be born in that specific and unique family. I believe that many dreams can become a reality if you have the right family. A family that would teach you how to properly dream and achieve those dreams. I learned with my family to shape little by little and day by day my present and future.

## What makes you unique?

The combination of values and weaknesses that shaped my personality and helped me to become the person I am today. I am also a “work in progress” as I am in constant change, trying to be a better version of myself everyday

## What are you most proud of and why?

Of being the first person in my family to achieve and succeed outside Colombia. Being educated at a doctoral level. I am also very proud that I have not given up on the difficult times I have had in the past. “What does not kill you, makes you stronger”

# Fertility history



Do you have any children?

No

Pregnancies

Have you ever been responsible for any pregnancies other than those listed above? No

Has anyone in your family had difficulty in achieving pregnancy? No

Are there any twins or triplets in your family? Yes

My grandmother is a twin. My Aunt has twins (Maternal side) My cousin has twins (Paternal side)

Blood donor

Have you ever been refused as a blood donor? No



# Personal health history

## Allergies

Do you have any allergies? Yes

Allergic to: Drugs

Please list specific substances and reaction (s) produced:

Clomipramine- Fainting

## Eye vision

Do you wear corrective lenses? Yes

How is your vision (without corrective lenses)? Good

Have you undergone corrective eye surgery? No

## Hearing

Do you have any hearing impairments? No

## Teeth

Condition of your teeth: Good

# Personal health history

## Diet

You diet is? Good

## Exercise

How often do you exercise? Regularly

Type of exercise: Jogging and Weight lifting

## Alcohol

How many alcoholic drinks do you consume during an average week? 0-1

Have you ever had a drinking problem? No

Have you ever been treated for alcohol or drug abuse? No

## Cigarettes

Do you smoke cigarettes? No

# Personal health history

## Sexually-transmitted diseases

Have you or your sexual partners ever had:

	Myself	Partner	When
NSU (non-specific urethritis)	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Chlamydia	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Genital Warts (HPV)	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Genital Herpes	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Other (s) Type (s):	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	

Have you ever been treated for any sexually-transmitted disease(s)?

☒ NO

## Other medical information

Have you had major x-ray exposure or other radiation exposure? No

Have you ever had any major illnesses such as amoebic dysentery, hepatitis, pneumonia, mononucleosis, etc.? No

Do you have any chronic medical problems or conditions? No

Have you ever been exposed to herbicides or toxic chemicals? No

# Family tree

