

donor profile

Garfield



**Height**  
188 cm



**Weight**  
93 kg



**Hair color**  
Dark Brown



**Eye color**  
Blue



**Blood type**  
B RhD Pos



**Education/Job**  
Theology



**Ethnicity**  
Caucasian



**ID/NO ID**  
ID-release



Copenhagen Sperm Bank

# Meeting the donor

## our impression



Garfield is a tall, handsome donor with dark brown hair and large blue eyes. His face is rectangular with high cheekbones, an angular jaw line covered with a groomed beard. Garfield has a medium skin tone with a few freckles and fantastic smile to top it off. He stays in shape by running 3-4 times a week and is an avid rock climber.

Garfield is kind, confident, outgoing, and socially aware with lots of charm and leadership skills. He has his master's in education and is currently a special education teacher. He is passionate about the work he does and loves to help others. Garfield is faithful to his religious beliefs and centers his morals and values around them. He is such a caring human who truly wants the best for everyone he encounters and will go out of his way to make sure people feel cared for and loved.

# Pictures



# Appearance

Nationality

**German & Swiss/Swedish/Dutch**

Height

**188 cm**

Weight

**93 kg**

Eye colour

**Blue**

Natural hair colour

**Dark Brown**

Freckles

**Few**

Skin type (fair, medium, olive, dark)

**Medium**

Hairtexture (curly, straight, wavy)

**Straight**

Hairvolume (thick, thin, average, bald)

**Thick**

Bone Structure (Small, medium, large)

**Medium**



# In your own words



## **Which words describe your personality and character?**

I am compassionate, respectful, spiritual, assertive, philosophical, and intelligent.

## **Which sports do you like to participate in?**

I enjoy running, rock climbing, weight lifting, and football.

## **Which sports did you play as a child?**

I wrestled and competed in weight lifting as a child.

## **Which sports do you enjoy watching?**

I enjoy watching weight lifting tournaments, football games, and baseball games.

## **Do you play any musical instruments?**

I do not actively play any musical instruments.

## **What is your most memorable childhood experience?**

I highly enjoy going on road trips with my family to National Parks, Sea World, Disneyland, etc.

## **To which countries have you traveled?**

I have traveled to Mexico, Fiji, and New Zealand so far in my life.

## **Describe one of your favorite vacations to another country:**

New Zealand- my wife and I went and we got to explore the North Island. We saw beautiful scenery, Hobbiton, and other local places.

## **Describe a few of your strong sides:**

I am passionate about the work I do and love to help others. I can be assertive which helps in my career field dealing with parents and students (I am a teacher). I am faithful to my religious beliefs and I center my morals/values around them.

## **Describe a few of your weak sides:**

I can be passive-aggressive in dealing with people who have hurt/offended me in some way. I tend to hold my emotions inside and not let them out.

# Personal characteristics

**What is your native language?**

English

**What other languages do you speak?**

None

**Math Skills/Ability:**

Average math skills.

**Mechanical Skills:**

Not very mechanical.

**Athletic Skills:**

Run half and full marathons, run 3-4 times a week (anywhere from 10-20 miles a week), indoor rock climbing for strength.

**What is your favorite sport?**

Football

**What are your Hobbies/Interests/Talents:**

Playing video games, watching movies, reading books, travel, outdoor activities, bouldering.

**Describe your artistic ability:**

Adequate creativity - I try to draw and paint and it does not come out well. I love to write and I think I am a fantastic novelist!

**Do you like animals? If so, which is your favorite?**

Yes, dogs

**To where would you like to travel and why?**

All over the world, I am not tied down to the thought of only one spot.

**How would you describe your personality?**

I am an extroverted-introvert. I love to be around people but enjoy time to myself. People say I seem serious most of the time; however, I enjoy being goofy most of the day. I try to live life as care free as possible until I need to start to freak out. Also, I have a very dry sense of humor if one could not tell.

**What is your ultimate ambition or goal in life and how do you see yourself in twenty years?**

I see myself teaching university level classes in either English, history, or theology.

# Donor essay



## Why do you want to be a donor?

I want to help out other people to have children, if they are not able to have children of their own.

## Describe your relationship with your family. How has your family shaped your values and who you are today?

My family and I are very close. My dad and sister live in town while my mother lives in another state. My other relatives are out of state; however, we keep in contact once every week. We do family gatherings for major holidays and believe it is important.

## What makes you unique?

I am a one of a kind person. I am a caring human being who wants the best for everyone. I will go way out of my lane in order to make sure people feel cared for and loved. I have dedicated my life and vocation to help others. Of course I want to have a comfortable income; however, my line of work does not pay well enough to make enough for a BMW or Lambo, but I am grateful to be doing what I am. I believe that my life experiences and personality have made me unique.

## What are you most proud of and why?

I am most proud of the person who I have become and the life I am blessed with. I am able to do things I never dreamed of doing because of many different reasons. I am married to an amazing woman, have a great community of friends/family, and I get to travel the world. I am proud of being able to have a family one day and become a great father to my own kids.

# Fertility history



Do you have any children?

None

Pregnancies

Have you ever been responsible for any pregnancies other than those listed above? No

Has anyone in your family had difficulty in achieving pregnancy? No

Are there any twins or triplets in your family? No

Blood donor

Have you ever been refused as a blood donor? No

# Personal health history

## Allergies

Do you have any allergies? Yes

Allergic to: Plants, other

Please list specific substances and reaction (s) produced:

Substance - Reaction:

Pollen - Stuffy nose

Cats and Dogs - Stuffy nose

## Eye vision

Do you wear corrective lenses? No

How is your vision (without corrective lenses)? Excellent

Have you undergone corrective eye surgery? No

## Hearing

Do you have any hearing impairments? No

## Teeth

Condition of your teeth: Good

# Personal health history

## Diet

You diet is? Good

## Exercise

How often do you exercise? Regularly

Type of exercise: resistance strength training, muay thai, boxing, cardio, HIIT

## Alcohol

How many alcoholic drinks do you consume during an average week? 1-2 on weekends

Have you ever had a drinking problem? No

Have you ever been treated for alcohol or drug abuse? No

## Cigarettes

Do you smoke cigarettes? No

# Personal health history

## Sexually-transmitted diseases

Have you or your sexual partners ever had:

	Myself	Partner	When
NSU (non-specific urethritis)	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Chlamydia	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Genital Warts (HPV)	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Genital Herpes	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	
Other (s) Type (s):	<input checked="" type="radio"/> NO	<input checked="" type="radio"/> NO	

Have you ever been treated for any sexually-transmitted disease(s)?

☒ NO

## Other medical information

Have you had major x-ray exposure or other radiation exposure? No

Have you ever had any major illnesses such as amoebic dysentery, hepatitis, pneumonia, mononucleosis, etc.? No

Do you have any chronic medical problems or conditions? No

Have you ever been exposed to herbicides or toxic chemicals? No

# Family tree

